## WE CLAIM:

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- 1. A comestible food comprising a multi-component dough, the multi-component dough comprising:
  - (a) a first unleavened dough planar region;
  - (b) a second yeast leavened dough planar region; and
- (c) a filling or topping in contact with the first region; wherein the first region differs from the second region in moisture content, fat content combinations thereof and wherein the multi-component dough is suitable for baking to provide a baked item having a crisp, flaky exterior layer derived from the second layer and a tender, soft inner layer derived from the first layer.
- 2. The comestible food of claim 1, wherein the second region has a moisture content of about 50 to 55 wt%, the first region has a moisture content of about 30 to 45 wt% and the ratio of thickness of the first region to the second region is about 1:0.5 to 0.05.
- 3. The comestible food of claim 1, The second region has a fat content of about 2 to 20 wt%, the first region having a fat content of about 5 to 25 wt% and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.
- 4. The comestible food of claim 1 wherein the second region comprises 50 to 55 % water and about 2 to 20 wt% fat and the first region comprises about 30 to 45 % water and about 5 to 25 wt% fat and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.
- 5. The baked comestible food comprising the product of baking the multicomponent dough of claim 1.

6. The multi-component dough for a baked crust of claim 1 wherein the food is frozen and the first dough region comprises a sheeted layer and the second dough region comprises a sheeted layer.

7. The multi-component dough for a baked crust of claim 3 wherein the second dough layer comprises a moisture content of about 50 to 55 wt% and a fat content of about 2 to 20 wt% and the first dough layer comprises a moisture content of about 30 to 45 wt% and a fat content of about 5 to 25 wt%.

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- 10 8. The multi-component dough for a baked crust of claim 1 wherein the second dough region is about 1 to 3.5 mm thick.
  - 9. The multi-component dough for a baked crust of claim 1 wherein the first dough region is about 0.3 to 0.6 mm thick.
  - 10. The multi-component dough for a baked crust of claim 1 wherein the second dough region and the first dough region comprise a formulation comprising wheat flour.
  - 11. The multi-component dough for a baked crust of claim 1 wherein the multi-component comprises an edible barrier layer between the first dough region and second dough region.
- 12. The multi-component dough of claim 1 wherein the edible layer is an adhesive layer.
  - 13. The multi-component dough of claim 1 wherein the edible layer is a moisture barrier layer.

- 14. The multi-component dough of claim 12 wherein an adhesive is selected from a group consisting of water and an aqueous dispersion of gelatinized starch.
- 15. The multi-component dough of claim 1 wherein the first dough layer comprises a laminated layer having four or more laminations and a fat content of about 5 to 25 wt%.
  - 16. The multi-component dough of claim 15 wherein fat is selected from the group consisting of butter, margarine, vegetable oil, shortening, lard or mixtures thereof.
  - 17. A comestible food comprising a multi-component dough, the multi-component dough comprising:
    - (a) a first lean formulation dough planar region having a thickness less than 0.8 mm;

(b) a second formulated dough planar region having a thickness of

- greater than about 1 mm; wherein the first region differs from the second region in moisture content, fat content combinations thereof and wherein the multi-component dough is suitable for baking to provide a baked item having a crisp, flaky exterior layer derived from the first layer and a tender, soft inner layer derived from the second layer.
- 18. The comestible food of claim 17 wherein the second region has a moisture content of 50 to 55 wt%, the first region has a moisture content of about 30 to 45 wt% and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.
- 19. The comestible food of claim 17 wherein the second region has a fat content of 2 to 20 wt%, the first region has a fat content of about 5 to 25 wt% and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.

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- 20. The comestible food of claim 17 wherein the first region comprises an unleavened layer and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.
- 21. The comestible food of claim 17 wherein the second layer comprises a yeast leavened layer and the first layer is substantially free of leavening.

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- 22. The baked comestible food multi-component dough comprising the product of baking the multi-component dough of claim 1.
- 23. The baked comestible food multi-component dough of claim 1 wherein the food is frozen and the first dough region comprises a layer and the second dough region comprises a layer.
- 15 24. The baked comestible food multi-component dough of claim 18 wherein the second dough layer comprises a moisture content of about 50 to 55 wt% and a fat content of about 2 to 20 wt% and the first dough layer comprises a moisture content of 30 to 45 wt% and a fat content of 5 to 25 wt%.
- 25. The baked comestible food multi-component dough of claim 21 wherein the thickness ratio of the first dough region to the second dough region is about 0.05 to 0.5:1.
- 26. The baked comestible food multi-component dough of claim 17 wherein the second dough region is about 1 to 3.5 mm thick.
  - 27. The baked comestible food multi-component dough of claim 17 wherein the first dough region is about 0.3 to 0.6 mm thick.

The baked comestible food multi-component dough of claim 17 wherein 28. both the first dough region and the second dough region comprise a formulation comprising wheat flour. The baked comestible food multi-component dough of claim 17 wherein 29. 5 the multi-component dough comprises an edible layer between the first dough region and the second dough region. The multi-component dough of claim 17 wherein the edible layer is an 30. adhesive layer. 10 The multi-component dough of claim 17 wherein the edible layer is a 31. moisture barrier layer. The multi-component dough of claim 30 wherein an adhesive is selected 32. 15 from a group consisting of water and gelatinized starch. The multi-component dough of claim 17 wherein the first dough layer 33. comprises a laminated layer having four or more laminations and a fat content of about 5 to 25 wt% 20 The multi-component dough of claim 33 wherein fat is selected from the 34. group consisting of butter, margarine, vegetable oil, shortening, lard or mixtures thereof. A comestible food item comprising: 35. 25 (a) a multi-component dough comprising: (i) a first unleavened dough layer having a thickness less than about 0.9 mm; and (ii) a second yeast leavened dough layer having a moisture content of at least about 50 wt% having a thickness of greater than 1 mm;

(b) a filling portion in contact with the second dough inner layer; wherein the multi-component food item is suitable for baking to provide a baked item having a crispy and flaky crust outer layer corresponding to the first dough layer and a soft inner layer corresponding to the second dough layer.

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36. The multi-component food item of claim 35 wherein the multi-component dough layer enrobes the filling portion to form a pouch-type sandwich food item.

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37. The multi-component food item of claim 35 wherein the multi-component dough layer forms a pizza crust and the filling portion forms a pizza topping in contact with the second dough layer.

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38. The baked comestible food comprising the product of baking the multicomponent dough of claim 35.

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39. The multi-component dough for a baked crust of claim 35 wherein the food is frozen and the second dough region comprises a layer and the first dough region comprises a layer.

40. The multi-component dough for a baked crust of claim 35 wherein the second layer comprises a moisture content of about 50 to 55% and a fat content of about 2 to 20%.

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- 41. The multi-component dough for a baked crust of claim 35 wherein the first dough layer comprises a moisture content of less than about 45%.
- 42. The multi-component dough for a baked crust of claim 35 wherein the thickness ratio of first dough region to the second dough region is about 0.05 to 0.5:1.

- 43. The multi-component dough for a baked crust of claim 35 wherein the second dough region is about 1 to 3.5 mm thick.
- 44. The multi-component dough for a baked crust of claim 35 wherein the first dough region is about 0.3 to 0.6 mm thick.
  - 45. The multi-component dough for a baked crust of claim 35 wherein the second dough region and the first dough region comprise a formulation comprising wheat flour.

46. The multi-component dough for a baked crust of claim 35 wherein the multi-component dough comprises an edible layer between the first dough region and the second dough region.

- 15 47. The multi-component dough of claim 35 wherein the edible layer is an adhesive layer.
  - 48. The multi-component dough of claim 35 wherein the edible layer is a moisture barrier layer.
  - 49. The multi-component dough of claim 48 wherein an adhesive is selected from a group consisting of water and an aqueous dispersion of gelatinized starch.
- 50. The multi-component dough of claim 35 wherein the first dough layer comprises a laminated layer having four or more laminations and a fat content of about 2 to 20%.
  - 51. The multi-component dough of claim 50 wherein fat is selected from the group consisting of butter, margarine, vegetable oil, shortening, lard or mixtures thereof.

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- 52. A method of making a comestible food comprising a multi-component dough, the method comprising:
  - (a) forming a structure having at least:
  - (i) a first formulation dough planar region having a thickness less than 0.8 mm; and
  - (ii) a second formulated dough planar region having a thickness of greater than about 1 mm;
- (b) heating the structure to a temperature sufficient to change water

  content, by at least 1wt.-%, in a region forming the multi-component dough;

  wherein in the multi-component dough the first region differs from the second region in

  moisture content, fat content combinations thereof and wherein the multi-component

  dough is suitable for baking to provide a baked item having a crisp, flaky exterior layer

  derived from the first layer and a tender, soft inner layer derived from the second layer.
  - 53. The method of claim 52 wherein the structure is heated to a temperature of at least 170°F.
  - 53. The method of claim 52 wherein the structure is heated with a metallic planar heated surface.
    - 54. The comestible food of claim 53 wherein the second region has a moisture content of 50 to 55 wt%, the first region has a moisture content of about 30 to 45 wt% and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.
    - 55. The method of claim 52 wherein the second region has a fat content of 2 to 20 wt%, the first region has a fat content of about 5 to 25 wt% and the ratio of thickness of the second region to the first region is about 1:0.5 to 0.05.

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- 56. The method of claim 52 wherein the first region comprises an unleavened layer and the ratio of thickness of the second region to the second region is about 1:0.5 to 0.05.
- 57. The method of claim 52 wherein the second layer comprises a yeast leavened layer and the first layer is substantially free of leavening.

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- 58. The method of claim 52 wherein the second dough layer comprises a moisture content of about 50 to 55 wt% and a fat content of about 2 to 20 wt% and the first dough layer comprises a moisture content of 30 to 45 wt% and a fat content of 5 to 25 wt%.
- 59. The method of claim 52 wherein the thickness ratio of the first dough region to the second dough region is about 0.05 to 0.5:1.
- 60. The method of claim 52 wherein the second dough region is about 1 to 3.5 mm thick.
- The method of claim 52 wherein the first dough region is about 0.3 to 0.6 mm thick.
  - 62. The method of claim 52 wherein the multi-component dough comprises an edible layer between the first dough region and the second dough region.
- The method of claim 52 wherein the edible layer is a moisture barrier layer.